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### **RECOMMENDED READING & VIDEO LIST**

Optometric Extension Program Foundation, Inc.  
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#### **READING**

\* Eye Q and The Efficient Learner Author: James Kimple, Ph.D. Kimple is an educator and father of four children with learning difficulties. Discusses the nature of visual development and the importance of the visual system to school success. Includes the role of the school, "red flags" list of symptoms, common sense parenting tips and school activities--games and exercises to enhance functioning in specific areas. 160 pages.

\* Classroom Visual Activities (CVA) Authors: Regina Richards, M.A., and Kristy Remick, O.D. Classroom activities for all ages to help develop visual skills. Objectives, success criteria and detailed instructions are included for each activity. 80 pages.

\* 20/20 Is Not Enough: The New World of Vision Authors: Arthur S. Seiderman, O.D., and Steven E. Marcus, O.D. Reveals the nature of vision, exposes the critical need for comprehensive vision testing and introduces new, effective treatment for learning related vision problems. 243 pages.

\* The Suddenly Successful Student: A Parents' and Teachers' Guide To Learning and Behavior Problems - How Behavioral Optometry Helps Authors: Hazel Dawkins, Ellis Edelman, O.D., Forkiotis, O.D. Concise paperback explains the critical relationship between vision and academic success. 48 pages.

\* Suddenly Successful - How Behavioral Optometry Helps You Overcome Learning, Health and Behavior Problems Authors: Same as The Suddenly Successful Student Expanded version of The Suddenly Successful Student. Topics include juvenile delinquency, vision and behavior, sports vision, vision imbalances and vision therapy in relation to all aspects of vision. 306 pages.



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\* Thinking Goes To School Authors: Hans G. Furth and Harry Wachs, O.D. Discusses Piaget's theory and then illustrates activities and strategies to help a child with experiences best designed to develop his/her full potential as a "thinking" human being. 170 activities are included. 279 pages.

\* Vision and School Success Authors: George Spache, Ph.D., Lillian R. Hinds, Ph.D., and Lois B. Bing, O.D. Written for those involved with children's learning. A broad concept of vision, including its sensory, motor and central processing dimensions. Helps educators recognize the visual demands of the classroom, the behavior of students who are experiencing stress because of their vision problems and ways and means of alleviating this stress. 57 pages.

\* Developing Your Child For Success Author: Kenneth A. Lane, O.D. Designed to help children avoid early school failure. Over 100 activities to help. 323 pages.

\* Your Child's Vision Author: Richard S. Kavner, O.D. A guide to inform parents how to protect and foster their child's visual development. Dr. Kavner details the stages of visual development from birth to age five. It discusses causes, prevention and treatment of common visual problems. 251 pages.

\* How To Develop Your Child's Intelligence Author: G.N. Getman, O.D. Vision is a learned skill that is a dominant factor in human development. "Parents and teachers can set the stage but only the child can act thereon." 128 pages.

\* When Your Child Struggles - The Myth Of 20/20 Vision Author: David Cook, O.D. Written for parents about their children's vision, how to detect if their child is struggling unnecessarily and where to turn for help. The author uses case studies to illustrate the various vision disorders described in the book. 173 pages.

### **VIDEO CASSETTES**



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\* Vision In The Classroom A two part information video based on the popular pamphlet, Educators Guide To Classroom Vision Problems.

\* Part One: Development of Vision---outlines vision development and learning problems associated with classroom tasks.

\* Part Two: Using the Educators Guide to Classroom Vision Problems---instructs viewers in the use of The Educators Guide for identification of signs and symptoms of visual problems in the classroom. Each part is 17 minutes long. Purchase price includes 100 copies of the pamphlet Educators' Guide to Classroom Vision Problems.

\* The Hidden Disability - This pamphlet alerts parents, educators and other professionals that there is more to vision than 20/20 eyesight. It highlights the importance of prevention, early detection and correction of vision problems. It supports behavioral/developmental approach to vision and promotes comprehensive learning related vision screenings and exams. A checklist of symptoms is included. 100 for \$15./1000 for \$120. plus 15% shipping/handling with a \$3.50 minimum charge on all pamphlet orders.

NOW AVAILABLE IN SPANISH!!

\* "Vision Alert: 20/20 Is Not Enough" is narrated by Allison Ross. The purpose is to raise national awareness of the crucial relationship between vision and achievement and to alert parents, educators, and others about learning related vision problems. It includes interviews with parents, teachers, children and behavioral optometrists. Each tape includes a long version 27 minutes 54 seconds and an edited speakers' version 15 minutes 42 seconds.

\* "Vision Alert: 20/20 Is Not Enough" edited speakers version only of 15 minutes 42 seconds.

\* "Some Heroes Are Small" is a 26 page read-together book for children and adults about learning related vision problems and vision therapy. Size 8.5" x 11"; professionally illustrated, saddle stitched with bright red cover.



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### **Other Sources**

\* "How Difficult Can This Be?" Rick Lavoie's \*F.A.T. City Workshop videotape/discussion guide. \* - Frustration, Anxiety and Tension are emotions all too familiar to the student with a learning disability. Informative video allows viewer to look at the world through the eyes of a learning disabled child. Purchase from: The Connecticut Association for Children with Learning Disabilities 25 Van Zant Street, Suite 15-5 Norwalk, CT 06855-1729 Phone: 203-838-5010 Fax: 203-866-6108

\* "A Nurse's Guide to Children's Vision and Learning" by American Foundation for Vision Awareness. Written by a Registered Nurse, includes teaching outline and illustrations of how vision is skewed by learning related vision problems. Call: 800-927-AFVA. Write: 243 N. Lindbergh Blvd; St. Louis, MO 63141.